



The Three Principals of Mind, Thought, Consciousness

We create life from the inside-out through –

- 1. Mind: energy and intelligence that provides –**
 - The capacity to grow and change as the normal, natural way of being**
- 2. Thought:**
 - We have the capacity to create any thought, and these thoughts create the only reality we can know in a given moment**
- 3. Consciousness:**
 - Brings our thinking to life, and makes our thoughts appear real**